

Civil, Electrical & Mechanical Engineering Department

Semester – VII

Bhagvad Gita for Life

I	Course Code	HS 204001			
II	Course Title	Open Elective - Bhagvad Gita for Life			
III	Credit Structure	L	T	P	C
		3	0	0	4
IV	Prerequisites (if any)	Nil			
V	Course Coordinator	Dr. Meera Vasani			
VI	Course Objective	<p>In the modern times when people are more confused and misdirected, the Gita become all the more relevant for the individual as well as the society at large in bringing back the stability and happiness in life.</p> <ul style="list-style-type: none">• To develop the religious and philosophical insights conveyed in Bhagvad Gita• To imbibe Bhagvad Gita not as a scripture but as a problem solving remedy for life.• To have in-depth knowledge of the major sections of Bhagvad Gita: Gyan, Karma and Bhakti.			

VII	Course Contents	<p>Unit I 2h</p> <p>Introduction and background of Bhagvad Gita: When, where, why and how it was narrated. The purpose and the result of the narration. To know about the four characters of the dialogue. Broader divisions of Bhagvad Gita: Gyan, Karma, Bhakti also will be discussed for better understanding. 18 Chapters (Adhyayas) are divided broadly into these three divisions.</p> <p>Unit II KARMA 12h</p> <ul style="list-style-type: none"> • What is yoga? • What is the Nature of the Self? (atma) • Sthitpragya and his characteristics • Difference between Karma Yoga and Karma Kand • Types of Karma etc. <p>Unit III BHAKTI 12h</p> <ul style="list-style-type: none"> • Types of Bhakti • Devotion vs monism • Characteristics of Bhakt • The mind is the primary obstacle • The mind is the means to reach the Supreme • The environment's role in the illusion (karma, kala & the gunas) • The world is like a reflection • Religion and sect difference etc. <p>Unit IV GYAN 12h</p> <p>Jnana (pronounced as GYAN) refers to the cultivation of knowledge.</p> <ul style="list-style-type: none"> • The divine energy, the divine companion, the divine Person (brahman, paramatma, bhagavan) • The progression from materialism to escapism to devotion • The progression represented in the Vedic literature • The progression represented in the Vedic cosmology • The progression represented in the yoga paths <p>Unit V THINKERS ON BHAGWAD GITA</p> <ul style="list-style-type: none"> • Mahatma Gandhiji • Dr. S. Radhakrishnan • Sri Aurobindo • Vinoba Bhave
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VIII	Text/References	<ol style="list-style-type: none"> 1. https://www.pdf-archive.com/2018/04/16/bhagavad-git-swami-prabhupada/bhagavad-git-swami-prabhupada.pdf 2. Visvanath Chakravarti's Sarartha Varshini Tika (Reference Book) 3. Bhagavad Gita: The Beloved Lord's Secret Love Song by Graham M. Schweig (Reference Book) 4. A.C.Bhaktivedanta Swami Prabhupada, Bhagavad Gita, Bhaktivedanta Book Trust, 2012. 5. Munshi, K. M., Bhagvadgita ane arvachin jivan (Gujarati Language), 3rd Edition, Gurjar Sahitya Prakashan, 2014. 6. Sarvepalli, Radhakrishnan, Bhagavdgeeta, Harper Collins Publishers India, 2010. 7. Sarvepalli, Radhakrishnan, Hindu view of life, Harper Collins Publishers India, 2012. 8. Sarvepalli, Radhakrishnan, Principal Upanisads, Harper Collins Publishers India, 2014. 9. Pattanaik, Devdutt, My Gita, Rupa Publication, 2015. 10. Vinoba Bhave, Gita Pravachan, (Gujarati Language), Yagya Parakashan, 2018. 11. Mahadev Desai, The Gospel of Selfless Action OR The Gita according to GANDHI https://www.mkgandhi.org/ebks/gita-according-to-gandhi.pdf 12. Roy, Amil Baran, Bhagavad Gita and Its Message, Lotus Press, 1996. 13. Y.P. Anand, Mahatma Gandhi's Works and Interpretation of the Bhagavad Gita (Vol. 2 Set), Radha Publications, 2009. 14. http://www.swamiramshukhdasji.net/eBooks/Gita-Sadhak-Sanjevani-English-old.pdf 15. http://www.gandhiashramsevagram.org/truth-is-god/chapter-29-message-of-gita.php 16. https://www.mkgandhi.org/ebks/gita-according-to-gandhi.pdf 17. http://www.tjprc.org/publishpapers/--1386154540-12.%20The%20Bhagvad%20gita.full.pdf
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